Novel Therapeutic Targets in Heart Failure: The Phospholipase Cβ1b–Shank3 Interface



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ABSTRACT: Inotropic agents are often used to improve the contractile performance of the failing myocardium, but this is often at a cost of increased myocardial ischemia and arrhythmia. Myocyte contractility depends on the release of Ca^{2+} from the sarcoplasmic reticulum, and this Ca^{2+} is subject to regulation by the phosphorylation status of phospholamban (PLN). Many currently used inotropic agents function by increasing the phosphorylation of PLN, but these also heighten the risk of ischemia. Another approach is to reduce the dephosphorylation of PLN, which can be achieved by inhibiting pathways upstream or downstream of the protein kinase $C\alpha$. Phospholipase C β 1b is responsible for activating protein kinase $C\alpha$, and its activity is substantially heightened in failing myocardium. We propose phospholipase $C\beta$ 1b, a cardiac-specific enzyme, as a promising target for the development of a new class of inotropic agents. By reversing changes that accompany the transition to heart failure, it may be possible to provide well-tolerated improvement in pump performance.

KEYWORDS: cardiac contractility, inotropic agent, splice variant, protein scaffold

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Introduction

Heart failure (HF) is a progressive, essentially irreversible disease in which the capacity of the heart to provide adequate blood supply is compromised. Along with its associated pathologies, heart failure contributes substantially to the cost of healthcare and the cost worldwide is rising rapidly.¹ The failing myocardium exhibits a range of pathologies, all of which need to be therapeutically targeted for the successful management of the condition. Treatment regimens commonly include angiotensin converting enzyme (ACE) inhibitors and β-adrenergic receptor blockers, and may incorporate an inotropic agent to enhance end organ perfusion.^{2,3} In patients with impaired systolic function, inotropic agents provide an improvement in cardiac performance, but this is often at a cost of increased myocardial oxygen consumption, potentially increasing the likelihood of ischemia and arrhythmia.⁴ New types of inotropic agents are clearly needed. The failing myocardium exhibits a number of changes that contribute to contractile dysfunction. Included among these are loss of functional myocytes⁵ and extracellular matrix deposition⁶; but in addition to these structural changes, there are signaling changes within the myocytes themselves, which contribute to contractile dysfunction. These intracellular changes provide potential start points for developing novel therapeutic strategies. The overarching idea is that, by reversing the

intracellular changes that accompany the transition to HF, it may be possible to provide well-tolerated improvements in the pump performance. In general, these would be used in combination with agents that target other aspects of the complex disease of HF.

Sarcoplasmic Reticulum Ca²⁺ as a Target for Inotropic Therapy

The regulation of cardiac contractile function is orchestrated primarily by the sarcoplasmic reticulum (SR), which provides the Ca²⁺ ions to initiate and sustain contraction of the myocyte. The cardiac contraction cycle is initiated by Ca²⁺ entry via voltage-regulated Ca²⁺ channels in the sarcolemma, which provide the trigger Ca²⁺ to activate ryanodine receptors on the SR, resulting in release of sufficient Ca²⁺ from the SR into the cytosol to initiate contraction during systole.⁷ Ca²⁺ is subsequently pumped back into the SR by the sarco-endoplasmic reticulum ATPase (SERCA)2a, the activity of which is closely regulated by the phosphorylation status of phospholamban (PLN). PLN is an inhibitor of SERCA2a in the dephosphorylated state, and this inhibition is relieved by phosphorylation.⁸ PLN is phosphorylated, most importantly, by protein kinase A (PKA) on S¹⁶ following activation of β -adrenergic receptors, and its phosphorylation results in heightened SERCA function, accelerated relaxation, and increased SR Ca²⁺ content.

The Ca²⁺ content of the SR is typically lowered in failing myocytes,⁹ and this is associated with reduced expression of SERCA2a,¹⁰ along with changes in the expression or activity of upstream factors that regulate the phosphorylation status of PLN. PLN is typically dephosphorylated at S¹⁶ in HF,¹¹ contributing to further lowered SERCA activity (Fig. 1). In addition to the positive regulation by PKA, S¹⁶ phosphorylation of PLN is negatively regulated by protein kinase C α (PKC α)¹² downstream of phospholipase C β 1b (PLC β 1b). The expression and activity of both PKC α ¹³ and PLC β 1b¹⁴ have been shown to be heightened in HF. Thus all of these factors are appropriate start points for the development new therapeutics.

SERCA2A

The expression of SERCA2a both at the mRNA and protein levels is depressed in most HF models independently of the etiology (Fig. 1).^{11,15} Similarly, lowered SERCA2a expression is a common feature of human HF.¹¹ For this reason, SERCA2a has been a focal point for the development of an improved range of inotropic drugs. Pharmaceutical agents, such as the Na⁺/K⁺ ATPase inhibitor istaroxime, that increase SERCA activity have been tested with some positive outcomes in experimental and clinical studies,¹⁶ but such agents have other actions that may present problems. Another approach is to reverse the lowered SERCA expression level directly by gene therapy, and considerable effort has been made in this regard. Virally mediated expression of SERCA2a in cardiomyocytes increased the amplitude of the Ca2+ transients, accelerated relaxation kinetics, and reduced diastolic Ca^{2+,17} Subsequent studies used adenoviral constructs to deliver SERCA2a to hearts of rats that had been subjected to pressure overload. Restoration of the SERCA2a levels resulted in improved



Figure 1. Diagram showing the changes in S¹⁶ phosphorylation status of PLN in healthy heart under basal conditions, stimulated conditions, and in heart failure. A positive inotropic stimulus increases phosphorylation and dysinhibits SERCA2a. In failing cardiomyocytes, SERCA2a expression is depressed and PLN is dephosphorylated on S¹⁶. This results in lowered SR Ca²⁺ content.

contractile performance along with substantially reduced mortality.¹⁸ Adenovirus presents difficulties in delivery to hearts in vivo and also instigates an immune response. For these reasons, recombinant adeno-associated viruses (rAAVs) have become the tool of choice for gene therapy to the myocardium, and delivery of SERCA2a has been foremost in these studies. The advantages of rAAV and the relative benefits of the different serotypes are discussed in detail elsewhere.¹⁹ The development of rAAV vectors led to their use in large animal models of pacing-induced HF in sheep,^{20,21} where delivery of the SERCA2a gene resulted in substantial improvements in contractile function along with decreased mortality. Significantly, translation into clinical studies has been initiated with encouraging results from completed Phase I and II clinical trials [calcium upregulation by percutaneous administration of gene therapy in cardiac disease (CUPID)²² and CUPID2].²³ These studies not only provided data supporting the usefulness of rAAV as a clinical tool but also showed that increasing SERCA2a had beneficial outcomes in the clinical situation.

Phospholamban Expression

In addition to its expression level, SERCA2a activity is dependent on the expression level and phosphorylation status of PLN (Fig. 1). However, attempts to improve contractile performance by manipulating PLN expression have generally met with less success than studies targeting SERCA2a. As expected, knockout of the PLN gene results in increased SR Ca²⁺ content and improved Ca²⁺ and contractile responses. Accordingly, knockout of PLN improved outcomes in a mouse model where calsequestrin was overexpressed, depressing available SR Ca2+.24 However, in mice overexpressing CaMKIIoc in heart and displaying features of SR Ca²⁺ leak and associated arrhythmogenesis, deletion of PLN severely worsened phenotype by increasing Ca2+ leak and facilitating cardiomyocyte death following mitochondrial Ca²⁺ overload.²⁵ Given that heightened CaMKIIS expression and activity are common features of failing myocardium,26 removing PLN does not appear to be a useful approach. It is possible that more modest lowering of PLN expression levels might have provided better protection.

Phospholamban Phosphorylation

As noted above, PLN is an inhibitor of SERCA in the dephosphorylated state, and therefore increasing the phosphorylation of PLN at S¹⁶ dysinhibits SERCA, increases SR Ca²⁺ content, and improves contractility.⁸ PLN is phosphorylated at S¹⁶ primarily by PKA downstream of β -adrenergic receptor activation.²⁷ PLN is dephosphorylated principally by protein phosphatase-1 (PP-1), and PKA further regulates the phosphorylation status of PLN by phosphorylating a PP-1 inhibitor known as inhibitor-1 (I-1) at T³⁵, thereby increasing its inhibitory function (Fig. 2). A number of currently used inotropic drugs act by increasing cAMP levels and thereby activating PKA, leading to increased PLN S¹⁶ phosphorylation by



these direct and indirect mechanisms. Included among these are β -adrenergic agonists, such as dobutamine, and cAMP phosphodiesterase inhibitors such as milrinone.⁴ The downside of this approach is that PKA has other targets, some of which increase the energy demands on the heart and thereby promote ischemia,²⁸ a very undesirable side effect. For this reason, other approaches to increase PLN phosphorylation may be preferable.

PKCα. An alternative approach to improve contractility by increasing the phosphorylation of PLN at S¹⁶ is to suppress inhibitory pathways. To date, this has been achieved by inhibiting PKC α . PKC α is a conventional PKC subtype, meaning that it requires both Ca²⁺ and *sn*-1,2-diacylglycerol (DAG) for activation, and it is the most highly expressed PKC subtype in rodent heart.²⁹ Cardiac PKCa activation results in contractile dysfunction associated with dephosphorylation of PLN and SR Ca²⁺ depletion.¹² The mechanisms of this response have been elucidated and are shown in Figure 2. Essentially, PKCa phosphorylation of I-1 at $S^{\rm 67}$ and or $T^{\rm 75}$ opposes the action of PKA phosphorylation at T³⁵.³⁰ Whereas PKA phosphorylation increases the inhibition of PP1 by I-1, PKCa phosphorylation of I-1 increases PP-1 activity, resulting in PLN dephosphorylation. PKC α thus acts to oppose β -adrenergic responses at the level of PLN. The obvious advantage of PKC α as a target over PKA is that PKC α activity is being inhibited rather than activated, and unwanted effects on energy metabolism are unlikely. Based on these considerations, PKC α inhibitors have been studied with a view to developing new inotropic therapies.31

Overall, PKC α has been targeted by two different approaches. First, inhibitors of conventional PKC subtypes, with some specificity for PKC α , have been used with considerable success.^{13,31,32} PKC α inhibitors prevented the loss of contractility in mouse hearts following pressure overload and increased survival, without altering the hypertrophic response.³³ Importantly, chronic treatment with the PKC α



Figure 2. The regulation of S¹⁶ phosphorylation of PLN downstream of PKA and PKC α . In addition to direct phosphorylation of PLN at S¹⁶, PKA phosphorylates I-1 at T³⁵, depressing the activity of PP-1 and maintaining S¹⁶ phosphorylation of PLN. PKC α phosphorylates I-1 at S⁶⁷ and T⁷⁵, resulting in increased activity of PP-1 and dephosphorylated PLN with subsequent lowered contractile function.

inhibitor ruboxistaurin improved survival in pigs following myocardial infarction (MI).³¹ Ruboxistaurin is currently under development as a treatment for diabetic retinopathy. The other approach to targeting PKC α pathways to improve contractile function has involved the development of a minigene activator of PP-1 based on I-1. This construct comprises the N-terminal sequence of I-1 (1–65, I-1c), lacking the PKC α phosphorylation sites and thus unable to function as a PP-1 activator. Instead, this construct inhibits PP-1 unopposed and thereby increases SERCA activity, SR Ca2+ content, and contractile function. Studies in a post-MI model in pigs provided evidence for substantial improvement in functional parameters and survival following rAAV9-mediated expression of I-1c.34 However, other investigations using a mouse model where I-1c was expressed in hearts of I-1-/- mice showed initial improvements, but with aging the mice developed a cardiomyopathic phenotype associated with hyperphosphorylation of PLN and the ryanodine receptor, Ca2+ sparks, and ventricular tachycardia.³⁵ There were two major differences between these studies that might explain the divergent outcomes. First, the studies using the mouse model were carried out over a much longer time frame than the studies of the post-MI model in pigs, suggesting that chronic treatment with I-1c might be deleterious. Second, the chronic expression of I-1c in the mouse study was on a background of I-1 knockout, and this would be expected to intensify the effect of the PP-1 activator. This suggests that dosage might be critical for successful use of this mini-gene strategy for long-term therapy. A more recent study delivered I-1c to pigs via a modified rAAV vector and reported considerable improvement in cardiac function post MI, laying the basis for potential gene therapy.³⁶

In addition to the two mechanisms described above, recent evidence suggests that PKC α can be inhibited by overexpressing PICOT (PKC-interacting cousin of thioredoxin). PICOT has anti-hypertrophic actions and improves contractile function. Recent studies report that the positive inotropic action of PICOT depends on its ability to inhibit PKC ζ , resulting in reduced expression of PKC α , increased PLN phosphorylation, and heightened SR Ca²⁺ content.^{37,38}

PLCβ1b-Shank3. PKC α is expressed and is active in all cell types,³⁹ and therefore the use of PKC α inhibitors may be constrained by unwanted actions in other tissues. Another approach to maintaining the phosphorylation status of PLN is by preventing the activation of PKC α . PKC α is a conventional PKC subtype and therefore requires Ca²⁺ and DAG for activation.⁴⁰ DAG is generated by PLC enzymes following activation of appropriate receptors,⁴¹ and therefore a PLC subtype or subtypes must be the immediate upstream activator of PKC α .

PLC enzymes hydrolyze the plasma membrane phospholipid phosphatidylinositol(4,5)*bis*phosphate (PIP₂) to generate inositol(1,4,5)*tris*phosphate (IP₃) and DAG.⁴² IP₃ is a regulator of Ca²⁺,⁴³ and, as noted above, DAG is an activator of conventional and novel PKC family members.³⁹ Cardiomyocytes

express a number of different PLC subtypes, specifically PLCB1 (of which there are two splice variants PLCB1a and PLC β 1b), PLC β 3, PLC γ 1, PLC δ 1, and PLC ϵ .^{14,44} The PLC β family members are activated by Gq and thus by G protein coupled receptors (GPCR) including α_1 -adrenergic receptors, angiotensin II receptors (AT1), and endothelin receptors. $^{45-47}$ In addition to activation by Gaq, PLC\beta subtypes require translocation to the plasma membrane for activity, and for most PLC β subtypes this is achieved by binding of a C-terminal PDZ-interacting domain to the PDZ domain of a particular protein scaffold. PLCy is activated by plasma membrane translocation as part of the signaling cascade of many growth factor receptors, and this is associated with tyrosine phosphorylation and Src homology 2 (SH2) interactions.⁴² PLC δ subtypes associate with the plasma membrane via a high-affinity PH domain specific for PIP₂. They do not respond to regulatory factors other than Ca²⁺, and their functional significance remains poorly documented.⁴⁸ PLCE is a multifunctional protein with both PLC and GEF (guanyl nucleotide exchange factor) activities.49 Activation of PLCE is complex, involving primarily monomeric G proteins of the Rho and Ras families, and can be initiated by receptors coupled to $G_{12/13}$. Additionally, PLC ϵ can be activated downstream of receptors coupled to Gs and adenylyl cyclase following cAMP activation of EPAC (exchange protein activated by cAMP), which generates activated Rap.⁵⁰ The relationship between the different classes of PLC expressed in cardiomyocytes is depicted in Figure 3.

PLC β subtypes are generally believed to be the primary effectors of Gq activation in heart,⁵¹ and our studies have shown that Gq responses in cardiomyocytes are mediated solely by an unusual member of the PLC β family, PLC β 1b.⁵² There have been suggestions of a role for PLC in cardiomyocyte responses to IGF1 (insulin-like growth factor-1),⁵³ and this would most likely be PLC γ , although this was not



Figure 3. The subtypes of PLC expressed in cardiomyocytes. All PLCs share the X and Y domains that form the active site. This is separated by a linker region that functions as an inhibitor. In PLC γ , the X and Y domains, as well as a PH domain, are separated by SH2 and SH3 domains. PH, plextrin homology domain, a domain that binds PIP₂; EF, EF hand domains that bind Ca²⁺; C2, C2 domain, a Ca²⁺ binding motif associated with membrane association; RA1 and RA2, Ras interacting domains; Gq, the Gq interaction site involved in activation of PLC β subtypes. GEF, CDC25 GEF guanine nucleotide exchange factor domain.



verified. In our hands, overexpression of PLC γ 1 in cardiomyocytes did not alter responses to either EGF or PDGF.⁵⁴ Overexression of PLC δ 1 in cardiomyocytes increased PLC activity but did not alter cardiomyocyte morphology in any obvious way.^{54,55} Furthermore, knockdown of PLC δ 1 did not alter overall PLC activity in cardiomyocytes, even under conditions of heightened Ca^{2+,56} The roles of PLC ϵ in heart are complex. Both anti-hypertrophic and pro-hypertrophic actions have been reported, depending on the developmental stage of the heart.^{44,57,58} In addition to a role in hypertrophic responses, PLC ϵ facilitates contractile responses downstream of β -adrenergic receptor activation by enhancing systolic Ca²⁺ responses by mechanisms involving CaMKII δ and PKC ϵ .⁵⁷

Thus, PKC ε is associated with pathways downstream of PLCE that increase cardiomyocyte Ca2+ responses and contractile activity. As noted above, PKCa, in marked contrast, reduces Ca²⁺ responses and lowers contractile performance. Our studies showed that, in the heart, PKC α was activated specifically by PLCB1b. PLCB1b expression and activity are selectively heightened in diseased myocardium from humans, sheep, and mice, and, furthermore, PLC activity correlates with disease progression, hinting at a role in the disease process.¹⁴ This view was subsequently confirmed. Increasing the expression of PLCB1b in mouse hearts resulted in a rapid loss of contractile function. In the continued presence of high PLCB1b activity, contractile dysfunction was sustained for a period of 36 weeks, without indications of HF.⁵⁹ PLCB1b expression resulted in lowered S16 phosphorylation of PLN and depressed SR Ca²⁺ content. All of these responses closely resemble changes that follow heightened PKC α expression.¹² Importantly, inhibition of PKCa resulted in complete restoration of contractile activity in PLC β 1b-expressing mice, confirming that PLC β 1b is the upstream activator of PKC α in vivo.

PLCβ1b is therefore a suitable target for the development of new inotropic drugs. However, direct inhibitors of PLC catalytic activity are unlikely to be successful. As described above, the active sites of the various PLC subtypes share considerable homology, and developing an inhibitor with subtype specificity would be challenging.⁴² PLCε has positive inotropic actions, and therefore a general inhibitor of PLC catalytic activity might cause unwanted cardiac responses. In any case, there are currently no credible PLC inhibitors available as start compounds. U-73122 is often used as PLC inhibitor, but it has multiple actions and has never been shown to directly inhibit PLC.^{60–65}

There is, however, a way in which PLC β 1b can be inhibited in cardiomyocytes in a selective manner. PLC β 1b is an atypical splice variant of PLC β 1, and it differs from all other PLC β subtypes in having a C-terminal proline-rich sequence instead of the usual PDZ-interacting domain (Fig. 3).^{42,66,67} In general, PLC β subtypes target their substrate PIP₂ by interacting with a PDZ protein scaffold.⁶⁷ The exchange of the PDZ ligand for a proline-rich sequence suggests that PLC β 1b is



activated by a unique mechanism. We subsequently identified the SH3 domain and ankyrin repeat protein 3 (Shank3) as the protein scaffold required for the localization of PLCB1b at the cardiac sarcolemma, where it is active.⁶⁸ Shank3 is a high molecular weight multidomain protein that incorporates an SH3 domain in addition to a PDZ domain, a prolinerich sequence, and ankyrin repeats.⁶⁹ The SH3 domain is the attachment point for the proline-rich sequence at the C-terminal end of PLCB1b. Like PLCB1b, Shank3 is expressed in only a limited number of cell types,^{69,70} and so the PLCB1b-Shank3 interface represents a cardiac-specific signaling system. This has been verified in studies showing that expressing the splice-variant-specific C-terminal sequence of PLCB1b (PLCB1b-CT), as a mini-gene, disrupted the interaction between PLCB1b and Shank3 and prevented downstream signaling.⁵² More recent studies have confirmed that delivery of PLCB1b-CT to mouse heart in vivo protected it from contractile dysfunction following pressure overload, confirming the usefulness of this interface as a start point for the development of inotropic agents (Fig. 4).

Summary and Conclusions

Maintaining the phosphorylation status of PLN as a means to optimize SERCA2a activity and maintain SR Ca²⁺ content is a well-substantiated approach to inotropic therapy. There is a substantial body of work that validates inhibiting the inhibitory pathway mediated by PKC α as a way to achieve this aim. As discussed, PKC α itself is not a cardiac-specific target, and focusing on the upstream activator PLC β 1b may provide a better option. The interaction between the prolinerich sequences in the C-terminal tail of PLC β 1b and the SH3



Figure 4. Signaling pathways downstream of PLC β 1b and how they can be targeted for drug development. PLC β 1b generates DAG and activates PKC α leading to I-1 phosphorylation and contractile depression. PLC β 1b requires its C-terminal interaction with Shank3 for activity, providing a cardiac-specific interface. Ank, ankyrin-repeat sequence; SH3, SH3 domain; PDZ, PDZ domain; P-rich, proline-rich sequence; SAM, sterile alpha motif. The blue arrows indicate current (dashed lines) or potential (solid line) targets for the development of inotropic drugs.

domain of Shank3 provides a target that is readily amenable to high-throughput compound screening or to drug design based on structural analysis.

Author Contributions

Wrote the first draft of the manuscript: EAW. Contributed to the writing of the manuscript: DRG. Agree with manuscript results and conclusions: EAW, DRG. Made critical revisions and approved final version: DRG. Both authors reviewed and approved of the final manuscript.

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