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# Bone and TissueRegeneration Insights

# Characterization of Human *Anulus Fibrosus*— and *Nucleus Pulposus*—Derived Cells During Monolayer Expansion and in Hydrogel Cultures

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**ABSTRACT:** In vitro-expanded intervertebral disc (IVD) cells could be a source for disc repair. However, IVD cell characterization still remains challenging and is demanded to detect phenotypical shifts. Therefore, the aim of the present study was to determine IVD cell expression profile during two- and three-dimensional culturing in direct comparison to in situ conditions.

Human IVD tissue was analyzed immunohistologically and *anulus fibrosus* (AF) and *nucleus pulposus* (NP) cells were isolated and characterized for cytoskeletal architecture and expression of typical markers (type I, II, and III collagens, aggrecan, decorin, cartilage oligomeric protein, the chondrogenic transcription factor sox9, the tendon markers scleraxis and tenascin C) during 6 monolayer passages using real-time detection polymerase chain reaction and/or immunolabellings. Cells were introduced in alginate and collagen hydrogels and cell morphology and viability was determined after 7 days.

In addition to typical extracellular matrix components, IVD tissue and isolated cells revealed scleraxis expression. In early passages of cell expansion, genes of sox9, scleraxis, and the small proteoglycan decorin were expressed higher, but type I and III collagen genes were expressed lower in NP cells compared with AF cells. However, in passage 6, actin stress fibers increased and the expression levels of sox9 were nearly similar in NP and AF cells. The immunolabeling indicated that the fibroblast marker tenascin C could only be detected in vitro in both cell types but not in situ. Decorin protein expression decreased in both cell types in vitro in passage 6. IVD cells survived in both hydrogel cultures, and some cells elongated in collagen gels.

KEYWORDS: intervertebral disc, nucleus pulposus, anulus fibrosus, hydrogel culture

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## Introduction

Intervertebral disc (IVD) degeneration leads to discogenic neck or low–back pain and limits life quality and increases health costs. The IVD is a hypocellular tissue (only 1% of tissue volume is represented by cells). Mature IVD lacks blood supply and has only limited self-healing capacity. He is characterized by a complex histological structure consisting of the *anulus fibrosus* (AF) containing a fibroblast-like cell population and *nucleus pulposus* (NP) chondrocyte-like cells embedded within the NP extracellular matrix (ECM). The

AF has a concentric lamellar architecture containing densely packed collagen fiber bundles associated with a glycosamino-glycan (GAG)-rich ECM.<sup>4</sup> The NP consists of a viscoelastic hydrogel-like textured network built up by high GAG content (around 80% water content) and a network of type II collagen fibers.<sup>5</sup> Particularly, the proteoglycan aggrecan is present in NP tissue.<sup>4</sup> NP represents a unique tissue, deriving originally during development from the embryonic longitudinal axis the *chorda dorsalis*, later (around the fourth year after birth) the chorda-derived cell population is mainly substituted by



immigrating cells in the human IVD.<sup>3,6</sup> At the histological level, diverse features of IVD ageing and degeneration such as AF lamellar disorganization, vessel in-growth, cell cluster formation due to cell proliferation, tissue metaplasia such as ossifications, as well as fibrosis of the NP can be observed.<sup>3,6</sup> Histologically detectable IVD alterations and degenerations are influenced by a shift of the synthesis profile of IVD cells.6 Therefore, the phenotypical stability of IVD-derived cells remains a major obstacle. A gradually synthetic shift is observed naturally in the transition zone cells of the IVD between AF and NP.6 During expansion in monolayer culture, a decrease in type II as well as type I collagen and sox9 expression could be observed previously in NP cells.7 Threedimensional (3D) culture in combination with growth factor treatment could partly reverse this effect. Since the NP ECM naturally has a high water content,<sup>5</sup> hydrogels could be a suitable basis for IVD tissue engineering in view of IVD replacement.8 Alginate is well known to be highly biocompatible for many cell types and stable for longer culture periods due to a slow degradation rate.8 Since the major ECM component of IVD is collagen,<sup>5</sup> a collagen hydrogel was also selected as a basis for IVD tissue engineering in this study.

Therefore, in this study, an initial characterization of both IVD cell populations during expansion in culture was undertaken. Then, a hydrogel-based IVD tissue engineering approach was developed to characterize them under 3D in vitro conditions and to compare them directly with native IVD tissue.

# Materials and Methods

IVD cell isolation. IVD tissue fragments were discarded during anterior lumbar interbody fusion surgeries. Tissue was obtained from patients after giving informed consent, and data were kept pseudonymous. Fibrocartilage chips of IVDs were cut into 1- to 2-mm-diameter slices. They were derived from nine individuals in an age range of 11-73 years (mean age: 43.91 ± 25.12 years). Chondrocytes were isolated enzymatically by means of incubation with 2% pronase (Serva Electrophoresis GmbH, Heidelberg, Germany) for 1 hour and afterwards with 0.1% collagenase (Serva) for 16 hours. Isolated fibrochondrocytes (passage 0) were cultivated in T25 or T75 cell culture flasks depending on isolated cell number (Sarstedt AG, Nümbrecht, Germany) at 37°C and 5% CO<sub>2</sub>. The culture medium consisted of 85% Ham's F-12/ Dulbecco's modified Eagle Medium (DMEM) (1:1; Biochrom AG, Berlin, Germany), 10% fetal calf serum (Biochrom AG), 1% L-glutamine (Biochrom AG), 1% essential amino acids (Biochrom AG), 1% ascorbic acid (Sigma-Aldrich AG, Munich, Germany), 1% partricin (Biochrom AG), and 1% penicillin/ streptomycin (Biochrom AG). For the monolayer experiments, cells were plated at 15,000 cells/cm<sup>2</sup> in T75 flasks (Sarstedt AG) for RNA analysis and Petri dishes (3.5 cm diameter) with eight poly-L-Lysin (Biochrom AG)-coated coverslips (VWR, Darmstadt, Germany) per dish for immunolabellings.

**3D hydrogel cultures.** Cells were embedded at a cell concentration of  $2-3.75 \times 10^6$  cells per mL into 2.5% alginate, and alginate was polymerized using 0.1 M CaCl<sub>2</sub> for 30 minutes, rinsed with 150 mM NaCl, and cultivated in growth medium.

A chicken-derived collagen hydrogel was used to embed the IVD cells (chicken atelo-collagen with about 90% type I and 10% type III collagen [3D Collagen Cell Culture System kit; Millipore Corporation, Billerica, USA]). The gel was prepared as described by the manufacturers' protocol;  $2-3.75 \times 10^6$  cells per mL IVD cells were embedded in the gel during its polymerization. The seeded gels were placed in agarose-coated (1%, suitable for cell culture; Sigma-Aldrich) cavities of a multiwell plate and were overlaid with growth medium and cultured for 7 days. Medium changes were executed every 2-3 days.

Cell viability assay. To estimate the cell viability in seeded scaffolds, a fluorescein diacetate (FDA, Sigma-Aldrich)/ ethidium bromide (EtBr; Carl Roth GmbH, Karlsruhe, Germany) staining was performed after 7 days of cultivation. A part of the gel was cut for the staining and rinsed in PBS. This slice was incubated for 2 minutes in 9  $\mu$ g/mL FDA and 10  $\mu$ g/mL EtBr dissolved in PBS in the dark. The green (living cells, FDA) or red (dead cells, EtBr-stained) fluorescence was monitored by confocal laser scanning microscope (TCS SPE II; Leica Microsystems, Wetzlar, Germany).

Histological staining procedures. For histological staining procedures, either paraffin sections (*native tissue*) or cryosections (*hydrogel cultures*) with a thickness of 5–7 μm or coverslips seeded with cells were used. Cells and tissue sections were fixed with 4% paraformaldehyde ready-to-use solution (Affymetrix, Santa Clara, USA) for 15 minutes at room temperature (RT). For hematoxylin–eosin (HE) staining, sections were incubated for 4 minutes in Harris hematoxylin solution (Sigma-Aldrich), rinsed in water, and counterstained for 1.5 minutes using eosin (Carl Roth GmbH).

For Alcian Blue (AB) staining, the sections or coverslips were incubated for 3 minutes in 1% acetic acid and then stained for 30 minutes in 1% AB (Carl Roth GmbH). Subsequently, they were rinsed in 3% acetic acid. Counterstaining of cell nuclei was performed using nuclear fast red aluminum sulfate solution (Carl Roth GmbH) for 5 minutes.

Finally, all sections were rinsed with aqua dest and subsequently dehydrated in an ascending alcohol series. Then, the sections were embedded with Entellan (Merck, Darmstadt, Germany). All slices were analyzed by light microscopy (Axioskop 40 microscope; Carl Zeiss Jena, Germany). Photos of the sections were taken using an Olympus camera XC30 (Olympus Soft Imaging Solutions GmbH, Muenster, Germany).

Gene expression analysis using real-time detection polymerase chain reaction. Gene expression was determined using real-time detection polymerase chain reaction (RTD-PCR). Total RNA of AF and NP cells was isolated from T75



flasks using the RNeasy-Mini-Kit (Qiagen GmbH, Hilden, Germany) according to the manufacturer's instructions. RNA quantity and quality was evaluated with the Nanodrop ND-1000 spectrophotometer (Peqlab Biotechnologie GmbH, Erlangen, Germany) or RNA 6000 Nano assay (Agilent Technologies, Santa Clara, USA). Equal amounts of total RNA (500 ng in a volume of 20 µL) were reverse transcribed using the QuantiTect reverse transcription Kit (Qiagen) according to the manufacturer's instructions. One microliter of the complementary DNA (cDNA) was amplified by RTD-PCR in a 20-µL reaction mixture using specific primer pairs for type I and type III collagen, decorin, aggrecan, cartilage oligomeric protein (COMP), sox9, and the ligament markers scleraxis as well as the housekeeping gene  $\beta$ -actin (all obtained from Applied Biosystems, Foster City, USA). Assays were performed using the TaqMan Gene Expression Assay (Applied Biosystems) or the Quantitec Gene Expression Assay (Qiagen) in an Opticon 1-Real-Time-Cycler (Opticon<sup>TM</sup> RTD-PCR; Bio-Rad, Hercules, USA) according to the manufacturer's protocols. For each primer used in this study, an efficiency test by means of a linear regression analysis using IVD cell cDNA was performed. Relative amounts of messenger RNA expression for the gene of interest and the  $\beta$ -actin were calculated using the  $\Delta\Delta$ CT method.<sup>9</sup>

Immunolabeling of IVD cells. IVD cells (derived from AF or NP) were cultured for 96 hours on coverslips. Then, cells were fixed using 4% paraformaldehyde for 15 minutes before being rinsed in Tris-buffered saline (TBS: 0.05 M Tris, 0.015 M NaCl, pH 7.6). Paraffin sections of IVDs, fixed cells on coverslips, or cryosections of hydrogel cultures were subsequently blocked with protease-free donkey serum ([Merck Millipore, Billerica, USA], 5% diluted in TBS) for 30 minutes at RT and rinsed and incubated with the polyclonal rabbit anti-type II or type I collagen antibodies, decorin (all obtained from Acris Antibodies, Herford, Germany), rabbitanti-human sox9 (Millipore Corporation/Chemicon International, Billerica, USA), scleraxis antibody (Acris Antibodies) or monoclonal mouse tenascin C antibody (GeneTex Inc, Biozol, Eching, Germany) in a humidifier chamber overnight at 4°C. Coverslips were immunolabeled in a similar manner. Sections and coverslips were subsequently washed with TBS before incubation with donkey-anti-rabbit or donkey-antimouse Alexa-Fluor® 488 (10 mg/mL; Invitrogen, Carlsbad, CA, USA) and secondary antibodies followed for 30 minutes at RT. Negative controls included omitting the primary antibody or using human IgG as primary antibody during the staining procedure. Cell nuclei were counterstained using 4',6-diamidino-2-phenylindole (DAPI, 0.1 µg/mL; Roche). To reveal the cytoskeletal architecture of AF and NP cells, coverslips with fixed cells were also stained with phalloidin-CruzFluor555 (Santa Cruz Biotechnology, USA) for 1 hour and then embedded in a similar manner as described below. Labeled sections were rinsed several times with TBS, embedded with Fluoromount G (Southern Biotech, Biozol

Diagnostica, Birmingham, USA), and examined using fluorescence microscopy (Axioskop 40; Carl Zeiss). Images were taken using a XC30 camera (Olympus Soft Imaging Solutions GmbH).

Statistical analysis. All values were expressed as mean with standard deviation. Differences between groups (AF and NP cells) were analyzed using Wilcoxon signed rank test and one-sample t-test (GraphPad Prism 5, version 5.02; GraphPad Software Inc, San Diego, USA). Statistical significance was set at a p value  $\leq$ 0.05. The Grubbs test was performed to identify outliers.

#### Results

Histological analysis of IVDs. AF tissue appeared as hypocellular tissue with lamellar structure consisting of fiber bundles. AF cells possessed in situ—elongated or ovoid cell nuclei partly surrounded by lacunae (Fig. 1). The ECM in the NP tissue was more loosely and irregularly structured with few rounded cells surrounded by lacunae. Particularly the AF and also the NP tissue revealed a high sulfated GAG content discernible by high AB staining intensity. Especially the pericellular ECM surrounding the lacunae was rich in GAGs. Cells were surrounded by a capsule-like pericellular ECM. In some areas, cells within the NP tissue formed clusters consisting of two to three or more cells (Fig. 1). Focal degenerative tissue areas could also be detected.

Immunohistological analysis of IVDs. Type II and I collagen could be localized in AF tissue. Particularly, the pericellular capsules surrounding the fibrochondrocytes were rich in both collagen types (Fig. 2). Tenascin C could not be detected in situ in the AF tissue. A faint nuclear signal for scleraxis expression was also discernible in AF tissue (Fig. 2).

Morphology of IVD cells in two-dimensional culture. Both AF and NP cells seeded at similar density revealed a fibroblast-like phenotype. They possessed long cytoplasmatic cell extensions communicating with each other (Fig. 3). In contrast to the AF cells, the NP cells formed even longer cytoplasmic and often branched extensions, often had a more slender cell body, and stopped proliferation at lower density. Between passages (P) 2–3 and P6 no major morphological differences became evident between both cell types (Fig. 3).

IVD cell protein expression in two-dimensional culture. Cells expressed types I (Fig. 4) and II collagen (not shown), decorin, and sox9 (Fig. 4) during monolayer expansion from P2 until P6. Type I collagen immunostaining increased during cell expansion. It was intracellularly detectable in the perinuclear rough endoplasmatic reticulum (rER) region of the cells; also, extracellular fibrils attached to the AF and NP cells could be detected (Fig. 4). Cytoskeletal architecture of AF and NP cells was shown by phalloidin—CruzFluor555 staining, and a higher number of F-actin stress fibers were detectable in both cell types in P6 compared with P2. AF and NP cells of some donors revealed an increase in cell size in P6 compared with P2. Decorin immunoreactivity had a faint cytoplasmic



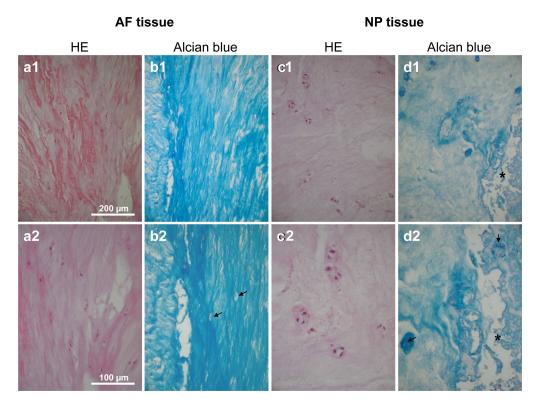


Figure 1. Histological structure of IVD tissue. HE stainings (a, c) and AB (b, d) stainings of AF (a, b) and NP (c, d) tissue are shown at lower and higher magnifications. Scale bar: 200  $\mu$ m (a1–d1, *upper row*), scale bar: 100  $\mu$ m (a2–d2, *lower row*). Arrows: AF cells in lacunae and clusters of NP cells surrounded by a sulfated GAG-rich ECM. Asterisk: focal degenerative area in NP tissue. Representative pictures of n = 3 independent experiments are shown.

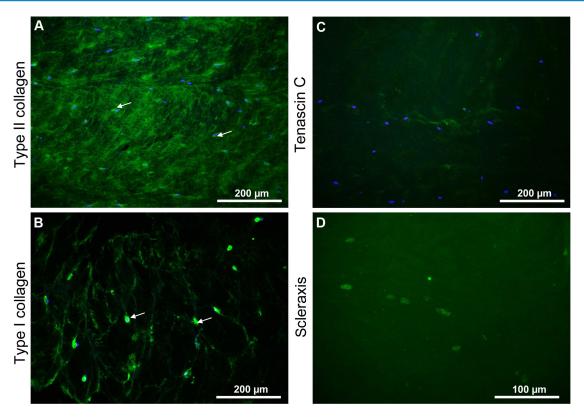
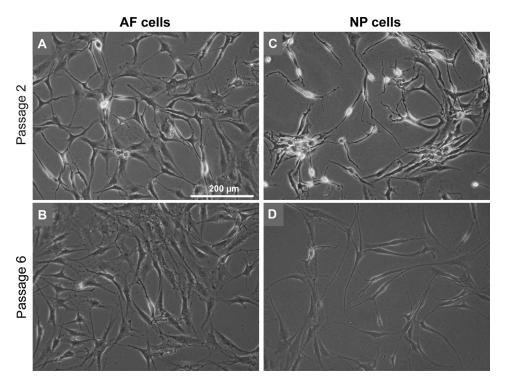


Figure 2. Immunohistological analysis of IVD tissue. Type II ( $\mathbf{A}$ ), type I collagen ( $\mathbf{B}$ ), tenascin C ( $\mathbf{C}$ ), and scleraxis ( $\mathbf{D}$ ) expression in AF tissue is depicted by immunofluorescence microscopy. Cell nuclei in  $\mathbf{A}-\mathbf{C}$  were counterstained using 4′,6-diamidino-2-phenylindole. Scale bars (type I and II collagen, tenascin C): 200  $\mu$ m; Scale bar (scleraxis): 100  $\mu$ m. AF cells in lacunae are surrounded by types I and II collagen-rich ECM. Representative pictures of n=3 independent experiments are shown.





**Figure 3.** Morphology of IVD cells during expansion in monolayer cultures. Representative micrographs of AF (**A**, **B**) and NP (**C**, **D**) cells in passage (P) 2 (**A**, **C**) and P6 (**B**, **D**) are shown. Scale bar: 200  $\mu$ m. Representative pictures of n = 6 independent experiments are shown.

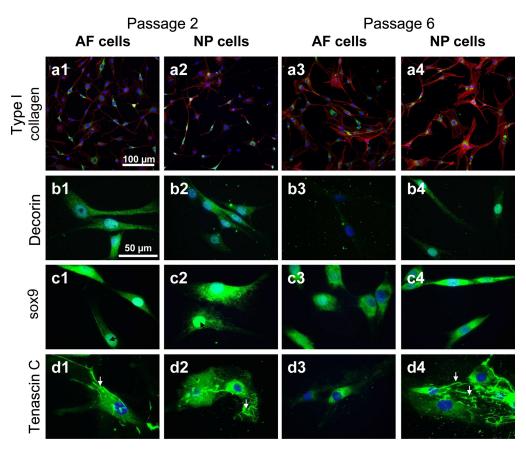
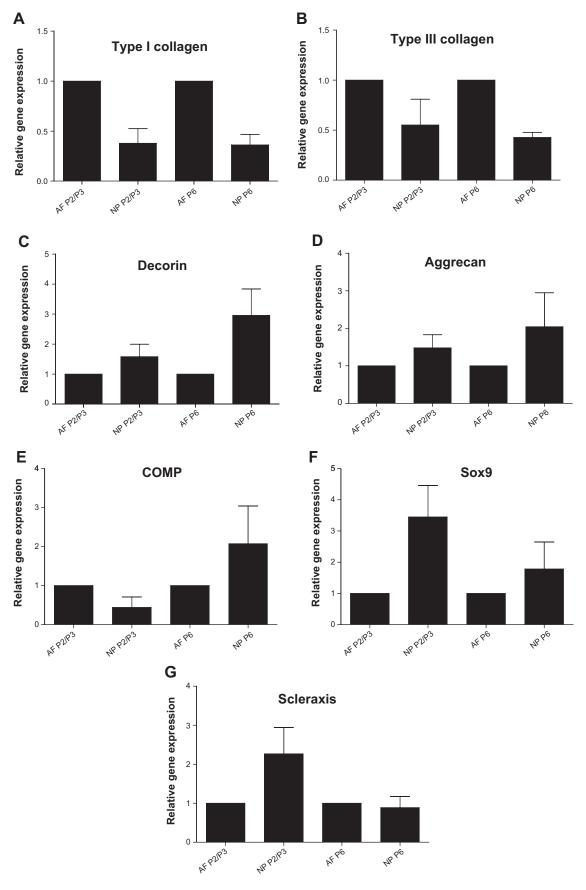


Figure 4. Protein expression of IVD cells (passages 2 and 6) in monolayer culture. Type I collagen (green) and phalloidin–CruzFluor555 (red) (a1–4), decorin (b1–4, green), sox9 (c1–4, green), and tenascin C (d1–4, green) expression in passage (P) 2 (a1–d2) and P6 (a3–d4) in AF (a1–d1, a3–d3) and NP (a2–d2, a4–d4) cells is depicted by immunofluorescence microscopy (B). Scale bars:  $100 \, \mu m$  (a),  $50 \, \mu m$  (b–d). Arrows: fibril-like structures formed by tenascin C in AF and NP cells. Representative pictures of n=4 independent experiments are shown.





**Figure 5.** Gene expression of IVD cells during expansion in monolayer culture. Type I (**A**) and type III (**B**) collagen, decorin (**C**), aggrecan (**D**), COMP (**E**), Sox9 (**F**), and scleraxis (**G**) were determined in AF and NP cells in relation to the housekeeping gene β-actin using RTD-PCR. Gene expression of AF cells was normalized for passage (P) 2–3 and for P6. Number of samples (n = 4, m = 3) one outlier identified by Grubbs test was excluded).



distribution. Sox9 staining was visualized in the cytoplasm and in some cells also in the cell nuclei (Fig. 4, black arrows). The fibroblast marker tenascin C (Fig. 4) was also detectable throughout the whole observation period in NP and AF cell monolayers. Distinct pericellular tenascin C deposits and formed fibrils (Fig. 4, white arrows) could be detected in cultures of both cell types at P2 and P6. A faint cytoplasmic staining for scleraxis could also be detected (not shown).

IVD cell gene expression during expansion in two-dimensional culture. Monolayer-cultured IVD cells expressed the gene coding for the tendon/ligament marker scleraxis. Several differences in the gene expression profiles of AF and NP cells in regard to the investigated markers could be detected, which, however, did not reach a statistical significance level. Scleraxis, for example, was more expressed in P2/3 NP than in AF cells. AF and NP cells in P2/3 revealed differences in the gene expression of type I and III collagens as well as COMP, which were expressed lower in NP compared with AF cells. In contrast, the genes coding for small proteoglycan decorin, the large proteoglycan aggrecan, and the chondrogenic transcription factor sox9 were more expressed in NP cells. In P6, the expression levels of sox9 and scleraxis were nearly similar but not those of the collagens, decorin, and aggrecan (Fig. 5).

# Characterization of IVD cells in 3D hydrogel culture.

Three-dimensional cultures could be a strategy to restore cartilage-specific protein expression. For this reason, 3D hydrogel cultures were tested. IVD cells (NP and AF) were mostly homogenously distributed within both types of hydrogels (Figs. 6 and 7). Already on the first day of culture some elongated NP cells and to a lesser degree elongated AF cells could also be detected in the collagen gels. The number of elongated cells increased at day 3, but less elongated cells could be found on day 7. In the alginate gels, AF and NP cells remained rounded throughout the whole observation period. Some cell clusters of both cell types formed, and proliferating cells could be observed in alginate (Fig. 6, arrows). The majority of NP and AF cells were still viable after 7 days in both types of hydrogels. However, in the alginate a higher number of viable cells could be found in the outer zones (Fig. 7). HE staining of the hydrogel cultures at day 7 did not reveal major differences (Fig. 8). AF cells showed an elongated phenotype at day 7 in collagen but not in alginate gel culture.

#### Discussion

Some features of IVD degeneration could be detected in the sample material included in the present study characterized

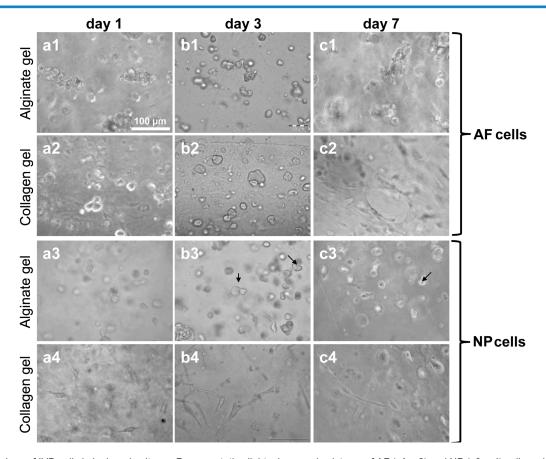
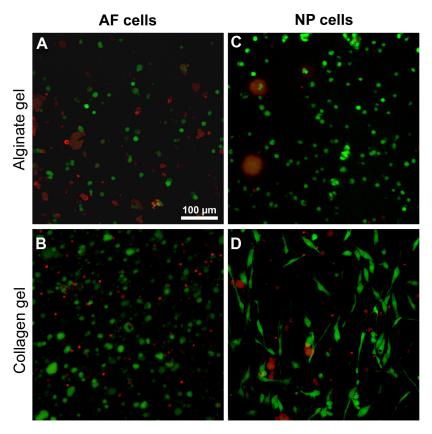
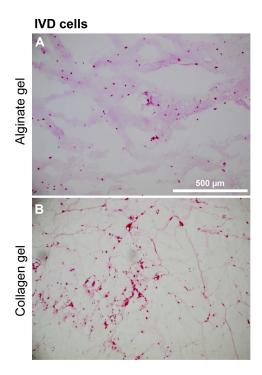


Figure 6. Morphology of IVD cells in hydrogel cultures. Representative light microscopic pictures of AF (a1-c2) and NP (a3-c4) cells embedded for 1, 3, and 7 days in alginate (a1-c1; a3-c3) or collagen (a2-c2; a4-c4) hydrogels. Representative pictures of n=3 independent experiments are shown. Scale bar: 100  $\mu$ m.





**Figure 7.** Viability of IVD cells in hydrogel cultures. Cell viability was assessed in AF (**A**, **B**) and NP (**C**, **D**) cells embedded for 7 days in alginate and collagen hydrogels using life death assay by FDA and EtBr staining and confocal laser scanning microscopy. Scale bar: 100  $\mu$ m. Representative pictures of n = 3 independent experiments are shown. The AF and NP cells of the donor shown in figure 1 were used for the cultures depicted here.



**Figure 8.** Histology of IVD cells in hydrogel cultures. Histology of the 7-day-old alginate and collagen hydrogel cultures of IVD cells were assessed using HE staining (**A**, **B**). Scale bars:  $500 \, \mu m$ . Representative pictures of n=3 independent experiments are shown.

by cell cluster formation and tissue areas containing a disintegrated and more fibrous ECM. Unfortunately, there is only a very restricted availability of healthy human IVD tissue for analysis. The use of animal-derived IVD tissues is limited by interspecies differences. 10,11 Tissue alterations due to degeneration or ageing complicate the interpretation of results and explain high standard deviations between independent experiments based on IVD cells of different donors. Nevertheless, there still remains an intriguing need to find reliable markers to characterize NP and AF cell phenotypes and to prove the maintenance of their specific expression profile during expansion in culture. 12

It is well known that a phenotypic shift can be observed during expansion of IVD cells in monolayer culture, <sup>13</sup> which was detectable in the present study by morphological changes and a shift in the protein expression profile. NP cells formed long, thin, and partly branched cellular processes already early in culture (P2). It is also known that such cytoplasmic extensions are present in vivo, detectable in situ by cytoskeletal staining, which could be important for sensing mechanical strain.<sup>3</sup> In this study an increase in type I collagen could be detected in both cell types during two-dimensional (2D) culture. This shift is well known in 2D culture of chondrocytic cells.<sup>14</sup> In situ, NP cells express usually type II collagen, whereas AF cells



predominantly produce type I collagen.<sup>15</sup> So far, we have not found a marker that could clearly distinguish between NP and AF cells in this study. However, the small proteoglycan decorin, the chondrogenic transcription factor sox9 and also scleraxis are more typical for NP cells and collagen type I and III for AF cells. Expression of the fibroblast marker tenascin C and scleraxis in IVD cells has not yet been reported. Tenascin C expression in 2D cultures of AF and NP cells could indicate an expression shift due to 2D culturing since it could not be shown in situ. Both NP and AF cells seem to share distinct similarities with ligament cells since they expressed the tendon marker scleraxis. However, the scleraxis immunoreactivity was lower when compared with tendon tissue (not shown). 3D culture could be a strategy to mimic in vivo conditions more closely than 2D culture; particularly, hydrogels share similarities with the NP gel-like ECM, which is rich in reversibly bound water. In the beginning of hydrogel cultures, NP cells exhibit a rounded shape. Cell shape is well known to influence expression profile being associated with a particular cytoskeletal architecture. 16 In hydrogel culture, some cells die during the adaption to 3D conditions, due to the embedding and gel polymerization procedure as well as the burden of a cellular reorganization process. The density of alginate hydrogels depends on the content of alginate. In agreement with other studies based on articular or auricular chondrocytes, 14,17 a 2.5% alginate content was selected for IVD cell culturing. Another study revealed that biomechanical characteristics of 2% alginate gels closely resemble that of NP tissue. 8 Moreover, the biosynthetic phenotype of NP cells could be preserved in alginate for 4 weeks.8 However, this alginate concentration could be too high for NP cells. The resulting gel could be too stiff and might prevent cell elongation, reorganization, and migration and therefore lead to increased cell death at later culture time points. Nevertheless, cells were able to start proliferation in alginate, but the daughter cells did not migrate within the alginate, hence forming cell clusters. A high cell concentration was selected based on other studies with chondrocytes.  $^{14,17}$  This high cell number (2–3.75 × 10 $^6$ /mL hydrogel) differs from the low cellularity observed in native NP and AF tissue in vivo (only 1% cell volume in NP)3 but accounts for the above-mentioned cell death rate during culturing. In the present study, the collagen gel leads to more promising results with NP cells, eg, by allowing early cell elongation, probably migration and a higher rate of cell survival. Collagen gels supplemented with disc-derived cells or mesenchymal stem cells could be a basis strategy for reconstruction of degenerated IVDs. In human IVD samples, multiple features of degeneration can often be observed.<sup>2,3</sup>

# **Conclusions**

AF and NP cells express the fibroblast marker tenascin C in vitro and the ligament marker scleraxis in vitro and in situ.

Flexible hydrogels such as collagen gels that allow homogenous cell distribution, NP cell migration, and elongation could be a promising ECM substitute for IVD tissue engineering.

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## **Author Contributions**

Conceived and designed the experiments: GS-T, SA. Analyzed the data: ML, CM, BK, ZH, MH. Wrote the first draft of the manuscript: GS-T. Contributed to the writing of the manuscript: SA. Agree with manuscript results and conclusions: GS-T, ML, CM, WE, BK, ZH, MM, MM, MH, SA. Jointly developed the structure and arguments for the paper: GS-T, SA. Made critical revisions and approved final version: WE, SA. All authors reviewed and approved of the final manuscript.

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