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ORIGINAL RESEARCH

Oxidative Stress and DNA Damage Induced by Chromium in Liver and Kidney of Goldfish, *Carassius auratus*

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Abstract: Chromium (Cr) is an abundant element in the Earth's crust. It exhibits various oxidation states, from divalent to hexavalent forms. Cr has diverse applications in various industrial processes and inadequate treatment of the industrial effluents leads to the contamination of the surrounding water resources. Hexavalent chromium (Cr (VI)) is the most toxic form, and its toxicity has been associated with oxidative stress. The present study was designed to investigate the toxic potential of Cr (VI) in fish. In this research, we investigated the role of oxidative stress in chromium-induced genotoxicity in the liver and kidney cells of goldfish, *Carassius auratus*. Goldfish were acclimatized to the laboratory conditions and exposed them to 5% and 10% of 96 hr-LC₅₀ (85.7 mg/L) of aqueous Cr (VI) in a continuous flow through system. Fish were sampled every 7 days for a period of 28 days to analyze the lipid hydroperoxides (LHP) levels and genotoxic potentials in the liver and kidney. LHP levels were analyzed by spectrophotometry while genotoxicity was assessed by single cell gel electrophoresis (comet) assay. LHP levels in the liver increased significantly at week 1, followed by a decrease. LHP levels in the kidney increased significantly at weeks 1, 2, and 3, and decreased at week 4 compared to the control. The percentage of DNA damage in liver and kidney cells of goldfish. The induced LHP levels in both organs were concentration-dependent and were directly correlated with the levels of DNA damage. The two tested Cr (VI) concentrations induced significant levels of oxidative stress in both organs, however the kidney appears to be more vulnerable and sensitive to Cr-induced toxicity than the liver.

Keywords: chromium, goldfish, sub-chronic exposure, oxidative stress, DNA damage

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Introduction

Chromium (Cr) is a heavy metal that exhibits various oxidation states; trivalent (Cr (III)) and hexavalent (Cr (VI)) states are most common. Cr has diverse applications in various industrial processes including leather tanning, stainless steel production, refractory industry, and wood preservative. Inadequate treatment of the industrial effluents leads to the contamination of surrounding water bodies.¹ Among the various oxidation states, Cr (VI) can easily penetrate cellular membranes of aquatic organisms and causes cellular and tissue damage.^{2,3}

After Cr enters into the biological system, Cr (VI) is reduced to Cr (III) and releases free radicals into the system.⁴ The released free radicals are highly reactive and interact with various macromolecules. Antioxidants play an important role in balancing the reactive oxygen species (ROS) levels in biological systems. Many studies have reported toxic potentials of Cr in aquatic organisms. Cr is reported to induce histological changes in fish gills.⁵ Hematological studies in Cr exposed fish have revealed thrombocytopenia,⁶ anemic, leucopoenia conditions, erythrocytosis, and leukocytosis.7 Cr inhibits ion-transporting ATPases in gills, kidney, and intestinal tissues.8 Cr (VI) has also been reported to alter antioxidant and associated enzymes including superoxide dismutase (SOD), catalase (CAT) and glutathione reductase.^{9,10}

Industrial wastes and effluents released from industries in which chromite ore is used as a raw material have ample amounts of Cr. Fish exposed to these industrial effluents have shown a significant increase in the frequency of micro nucleated erythrocytes and gill cells. However, the frequencies of lobed nuclei (LN), blebbed nuclei (BL), and notched nuclei (NT) are not significant.^{11–13} Additionally, there are few reports on Cr-induced genotoxicity at the cellular level in different organs of aquatic organisms. Hence, the present study was designed to investigate the genotoxic potentials of Cr (VI) in fish liver and kidney cells sub-chronically exposed goldfish. We also made an attempt to correlate the Cr (VI)-induced oxidative stress and DNA damage at organ and cellular levels.

Materials and Methods

Chemicals and reagents

Sodium dichromate ($Na_2Cr_2O_7$), dimethyl sulfoxide, sodium hydroxide, ethanol, tris-borate EDTA (TBE)

buffer, chloroform, and methanol were purchased from Sigma-Aldrich (Sigma-Aldrich, USA). Extract R, chromogen, and lipid hydroperoxides (LHPs) were purchased from Calbiochem (Calbiochem, USA). Agarose, lysis solution, SYBR green, ethylene diamin tetra acetic acid (EDTA), and phosphate buffer saline (PBS) were purchased from Trevigen (Trevigen Inc., USA).

Experimental animals' maintenance and sub chronic exposure

Carassius auratus of both sexes (length 9.0 ± 0.6 cm and weight 17.4 ± 4.5 g) were purchased from a local store in Jackson Mississippi. The purchased fish were disease-free and did not have any history of previous chemical exposure. The healthy fish were acclimated to the laboratory conditions for a period of 30 days. No mortality was observed during the acclimatization period. They were fed with aquarium flake food twice a day. Natural photoperiod was maintained. During sub-chronic exposure, fish were exposed to Cr (VI) (source $Na_2Cr_2O_7$) for a period of 4 weeks in a continuous flow through system in which toxicant and water (filtered and aerated) was added continuously with constant flow rate to the tanks. The tanks were prepared with glass and had capacity of 150 L. The flow rate was maintained with peristaltic pumps. The total toxicant water was renewed in every 24 hr in each tank. Three of these described set ups were prepared for control, 5% of 96 hr-LC $_{50}$ (4.28 ppm), and 10% of 96 hr- C_{50} (8.57 ppm) concentrations. Cr (VI) 96 hr-LC₅₀ value of 85.7 ± 4 ppm was estimated from our recent study.¹⁴ The acclimatized fish were placed in the three glass aquaria. The fish were fed with aquarium flake food twice a day and 12 hr-light/12 hr-dark photoperiod was maintained throughout the study. No mortality of fish was observed during the toxicant exposure. Every 7 days, an adequate numbers of fish were taken out from the control aquarium, the aquarium with 5% of LC_{50} , and the aquarium with 10% of LC_{50} test solution. The fish were anesthetized with 0.1% 2-phenoxy ethanol (Fluka, USA) and sacrificed with decapitation. Liver and kidney organs were dissected for further analysis.

Lipid hydroperoxide assay

Lipid peroxidation (LP) in liver and kidney of Cr (VI)exposed goldfish was estimated using LHP assay kit





(Calbiochem, USA). The dissected goldfish liver and kidney were processed and homogenized (1:8 w/v) in HPLC grade water. Homogenized liver and kidney of 500 µL was placed in separate glass test tubes. An equal amount of Extract R saturated methanol was added and mixed by vortexing. 1 mL of cold deoxygenated chloroform was added to all the control and sample tubes and centrifuged at $1500 \times g$ for 5 min at 0 °C (Beckman XL-100 K, USA). After centrifugation, bottom chloroform layer of 500 µL was mixed with 450 µL of chloroform:methanol (2:1) mixture and 50 µL of chromogen (thiocyanate ion). The reaction mixtures of all the control and sample tubes were incubated at room temperature for 5 min. The absorbance of each control and sample was recorded at 500 nm using a research spectrophotometer (2800 Unico Spectrophotometer, USA).

DNA damage assay

Isolation of cells from the liver and kidney tissues

Cr (VI) exposed or non-exposed liver and kidney tissues were dissected and small pieces of the tissues were placed in Eppendorf tubes containing Ca⁺⁺ and Mg⁺⁺ free cold PBS to remove red blood cells adhered to the tissues. These tissues were placed in 1 mL of PBS with 20 mM EDTA and were gently minced with scissors to release single cells from the tissues. The samples were incubated for several minutes to allow for settling of tissues pieces and cell debris. The upper layer with cell suspension was placed into separate tubes, and bottom layer tissues and cell debris was discarded. The cells in the cell suspension were counted, centrifuged at 4 °C, and resuspended in 1 mL of ice cold PBS with 1×10^5 cells/mL.

Single cell gel electrophoresis (comet) assay

The comet assay was performed as described by Singh et al¹⁵ with few modifications.¹ The whole process was carried out under yellow light in order to minimize UV light damage. Agarose was prepared through melting in a boiling water bath and allowing it to return to room temperature. The isolated liver and kidney cells were mixed with the melted agarose in a 1:10 ratio. Approximately 75 μ L of the mixture of agarose and cells were placed on comet slides, and the agarose was solidified at 4 °C for 10 min. After 10 min, the slides were placed in a lysis solution at

4 °C for 30 min to lyse the embedded cells in the agarose. The excess lysis solution was removed from the slides and placed in an alkaline solution to denature the DNA for 40 min at room temperature. Later, the slides were subjected to TBE (Tris borate EDTA buffer) electrophoresis for 10 min with 1 volt/cm current between the two electrodes. Then the slides were fixed with 70% ethanol for 5 min, followed by SYBR green staining. The stained slides were examined using an epifluorescent microscope (Olympus BX51 TRF, USA). The data were analyzed with DNA damage analysis software (Loats Associates Inc., USA). The control comet slides were prepared along with the test comet slides under yellow light.

Statistical analysis

The data was analyzed using SAS 9.1 software and expressed as arithmetic mean \pm standard deviation. One-way ANOVA and student *t* test were performed to determine the level of significance. Given correlation coefficients were significant with P < 0.05.

Results

Lipid peroxidation

The estimated LHP levels in goldfish liver exposed to 5% and 10% of 96h-LC₅₀ of Cr (VI) are presented in Figure 1. The LHP levels in the liver of the control group goldfish were $16.9 \pm 3.0 \ \mu\text{M}$, $17.4 \pm 3.0 \ \mu\text{M}$, $15.2 \pm 3.0 \ \mu\text{M}$, and $16.3 \pm 2.0 \ \mu\text{M}$ for week 1, 2,



Figure 1. LHP levels in *Carassius auratus* liver exposed to 5% and 10% of 96 hr LC₅₀ Cr (VI) for four weeks. **Notes:** Each point represents a mean value and standard deviation of

Notes: Each point represents a mean value and standard deviation of three replicates. The LHP levels were 16.9 ± 3.0 , 17.4 ± 3.0 , 15.2 ± 3.0 and $16.3 \pm 2.0 \,\mu$ M in control group; 23.4 ± 1.0 , 18.6 ± 2.0 , 17.3 ± 0.0 and $16.6 \pm 1.0 \,\mu$ M in 5% of 96h-LC₅₀; and 25.3 ± 2.0 , 20.4 ± 1.0 , 17.2 ± 1.0 and $15.0 \pm 2.0 \,\mu$ M in 10% of 96h-LC₅₀-exposed fish for Weeks 1, 2, 3, and 4, respectively. Both 5% and 10% 96h-LC₅₀ concentrations induced an increase in LHP levels during Week 1. *indicates significantly different from the control according to DUNNETT's multiple comparison test.

3, and 4, respectively. The LHP levels in the liver of 5% of 96h-LC₅₀ exposed fish were 23.4 \pm 1.0 μ M, 18.6 \pm 2.0 μ M, 17.3 \pm 0.3 μ M, and 16.6 \pm 1.0 μ M for week 1, 2, 3, and 4, respectively. The LHP levels in liver of 10% of 96h-LC₅₀ exposed fish were 25.3 \pm 2.0 μ M, 20.4 \pm 1.0 μ M, 17.2 \pm 1.0 μ M, and 15.0 \pm 2.0 μ M for week 1, 2, 3, and 4, respectively. The LHP levels in goldfish liver exposed to 5% and 10%-LC₅₀ increased at week 1, 2, 3, and 4 compared to the controls. The increases at week 1 were significantly different (P < 0.05) from the controls, whereas the increase in week 2, 3, and 4 levels were not significantly different (P > 0.05) from the controls.

LHP levels in the goldfish kidney after chronic exposure for 4 weeks with Cr (VI) are summarized in Figure 2. The LHP levels in the kidney of the control group goldfish were $21.7 \pm 2.0 \ \mu\text{M}$, $22.4 \pm 2.0 \ \mu\text{M}$, $20.1 \pm 3.0 \ \mu\text{M}$, and $21.5 \pm 2.0 \ \mu\text{M}$ for week 1, 2, 3, and 4, respectively. The LHP levels in the kidney of 5% of 96h-LC₅₀ exposed fish were 29.6 \pm 2.0 μ M, $32.2 \pm 1.0 \ \mu\text{M}, 28.5 \pm 2.0 \ \mu\text{M}, \text{ and } 24.4 \pm 3.0 \ \mu\text{M}$ for week 1, 2, 3, and 4, respectively. The LHP levels in kidney of 10% of 96h-LC $_{50}$ exposed fish were $33.1 \pm 1.0, 34.2 \pm 3.0, 29.4 \pm 1.0$ and $25.6 \pm 2.0 \,\mu\text{M}$ for week 1, 2, 3 and 4, respectively. LHP levels in the kidney of the 5% and 10%-LC $_{50}$ exposed fish increased in week 1, 2, 3, and 4 compared to the controls. However, only the increases of week 1, 2, and 3 were significantly different (P < 0.05) from the control.



Figure 2. Lipid hydro peroxides levels in *Carassius auratus* kidney exposed to 5% and 10% of 96 hr-LC₅₀ Cr (VI) for four weeks. **Notes:** LHP levels of control group were $21.7 \pm 2.0, 22.4 \pm 2.0, 20.1 \pm 3.0$ and $21.5 \pm 2.0 \ \mu$ M; of 5% of 96h-LC₅₀ were 29.6 $\pm 2.0, 32.2 \pm 1.0, 28.5 \pm 2.0$ and $24.4 \pm 3.0 \ \mu$ M; and of 10% of 96h-LC₅₀ exposed fish were $33.1 \pm 1.0, 34.2 \pm 3.0, 29.4 \pm 1.0$ and $25.5 \pm 2.0 \ \mu$ M, for Week 1, 2, 3, and 4, respectively. LHP levels were increased during Weeks 1, 2, and 3. Each point represents a mean value and standard deviation of three replicates. *indicates significantly different from the control according to DUNNETT's multiple comparison test.



Comet assay

The comet assay images of 5% and 10%-LC₅₀ exposed liver cells are presented in Figures 3 and 4. The profile of DNA damage in goldfish liver cells is presented in Figure 5. The percentages of DNA damage in liver cells of control group goldfish were $1.58\% \pm 1\%$, $2.1\% \pm 1\%$, $1.82\% \pm 0.9\%$, and $1.68\% \pm 1\%$ for week 1, 2, 3, and 4, respectively. The percentages of DNA damage in liver cells of 5% of 96h-LC₅₀ exposed fish were $26.3\% \pm 12.0\%$, $16.8\% \pm 9.0\%$, $11.9\% \pm 3.0\%$, and $8.8\% \pm 2.0\%$ for week 1, 2, 3, and 4, respectively. The percentages of DNA damage in liver of 10% of 96h-LC₅₀ exposed fish were $34.4\% \pm 10.0\%$, $25.5\% \pm 5.0\%$, $12.2\% \pm 4.0\%$, and $4.6\% \pm 1.0\%$ for week 1, 2, 3, and 4, respectively. The percentage of DNA damage in goldfish liver cells exposed to 5%-LC₅₀ increased for all the four weeks. However, only the increased percentage of DNA damage at week 1 was significantly different (P < 0.05) from the control. The percentage of DNA damage in goldfish liver cells exposed to 10%-LC₅₀ increased for all the four weeks, however only week 1 and 2 were significantly different (P < 0.05) from the controls.

The comet assay images of control, 5% and 10%-LC₅₀ exposed kidney cells are presented in Figures 6 and 7. The percentages of DNA damage in goldfish kidney exposed to 5% and 10%-LC₅₀ are presented in Figure 8. The percentages of DNA damage in the kidneys of the control group goldfish were $1.4\% \pm 1.0\%$, $2.5\% \pm 1.0\%$, $1.8\% \pm 1.0\%$, and $2.3\% \pm 1.0\%$ for week 1, 2, 3, and 4, respectively. The percentages of DNA damage in kidney cells of 5% of 96h-LC₅₀ exposed fish were $38.2\% \pm 12.0\%$, $21.8\% \pm 8.0\%$, $15.4\% \pm 6.0\%$, and $5.5\% \pm 3.0\%$ for week 1, 2, 3, and 4, respectively. The percentages of DNA damage in kidney cells of 10% of 96h-LC₅₀ exposed fish were 40.0% \pm 15.0%, $32.8\% \pm 9.0\%$, $14.0\% \pm 6.0\%$, and $2.4\% \pm 4.0\%$ for week 1, 2, 3, and 4, respectively. The percentages of DNA damage in goldfish kidney cells exposed to 5% and 10%-LC₅₀ increased over all 4 weeks of exposure. However, only the increase at week 1 and 2 in 5% and 10%-LC₅₀ exposed fish was significantly different (P < 0.05) from the controls whereas week 3 and 4 increases were not significantly different (P > 0.05) from the controls.

Discussion

Releasing Cr-containing industrial effluents into the surrounding environment will contaminate bodies



Figure 3. SYBR green stained comet assay images of DNA damage in *Carassius auratus* liver cells exposed to 5% of 96 hr-LC₅₀ Cr (VI) for four weeks. The 5% of 96 hr-LC₅₀ test concentration induced more DNA damage during Week 1. (**A**) Control, (**B**) Week 1, (**C**) Week 2, (**D**) Week 3, and (**E**) Week 4. **Note:** The comet assay was performed as described in Materials and Methods section.

of water. Cr contaminants in the aquatic environment are known to induce oxidative stress in fish.^{10,16-18} The induction of oxidative stress and triggering of defense mechanisms occur simultaneously in the cells of exposed fish.¹⁹ However, the induction of oxidative stress above the threshold levels will lead to the damage of its own cellular constituents.¹⁶ The United States Environmental Protection Agency (USEPA) has set the maximum contaminant level goal (MCLG) for Cr in human drinking water at 50 µg/L over a lifetime of exposure. For the protection of freshwater aquatic life, a level of 0.29 μ g/L has been recommended for hexavalent chromium as a 24 hr average exposure limit and is not to exceed 21 µg/L at any time.²⁰ In saltwater, 18 µg/L is recommended as a 24 hr average exposure limit and is not to exceed 1,260 µg/L at any time.²⁰ Although these chronic exposure guidelines are much lower than the concentrations tested in our study, it is well documented that chromium concentrations in water resources are highly influenced by industrial operations, since inadequate treatment of industrial effluents often leads to significant environmental contamination.^{20,21} It is interesting to study the correlation of oxidative stress to the cellular damaging potentials of Cr (VI). In the present study we have analyzed the oxidative stress and genotoxic potentials of Cr (VI) in goldfish liver and kidney cells under sub-chronic exposure conditions. The results demonstrate the Cr (VI) potential to induce LP and significant DNA damage at early stages of chronic exposure in goldfish liver and kidney cells.



Figure 4. SYBR green stained comet assay images of DNA damage in *Carassius auratus* liver cells exposed to 10% of 96 hr-LC₅₀ Cr (VI) for four weeks. The 10% of 96 hr-LC₅₀ test concentration induced more DNA damage during Weeks 1 and 2. (**A**) Control, (**B**) Week 1, (**C**) Week 2, (**D**) Week 3 and (**E**) Week 4. **Note:** The comet assay was performed as described in Materials and Methods section.





Figure 5. Percentage of DNA damage in *Carassius auratus* liver exposed to 5% and 10% of 96 hr-LC₅₀ Cr (VI) for four weeks. **Notes:** The percentages of DNA damage in control group were 1.6% ±

Notes: The percentages of DNA damage in control group were 1.6% ± 1.0%, 2.1% ± 1.0%, 1.8% ± 0.9%, and 1.7% ± 1.0%; in 5% of 96h-LC₅₀ exposed fish were 26.3% ± 12.0%, 16.8% ± 9.0%, 11.9% ± 3.0%, and 8.8% ± 2.0%, and in 10% of 96h-LC₅₀ exposed fish were 34.4% ± 10.0%, 25.5% ± 5.0%, 12.2% ± 4.0%, and 4.6% ± 1.0%, for Weeks 1, 2, 3, and 4, respectively. The 10% of 96h-LC₅₀ induced more DNA damage in liver cells. Each point represents a mean value and standard deviation of three replicates. *indicates significantly different from the control according to DUNNETT's multiple comparison test.

We have previously reported an increase in LHP levels in liver and kidney cells of goldfish exposed to Cr under acute exposure (96 hr).¹⁶ In the current study, we have examined the LHP levels in the liver and kidney of these fish after a sub-chronic exposure period of 4 weeks. The LHP levels were significantly increased in the liver (Fig. 1) and kidney (Fig. 2) at week 1 and gradually decreased at the end of week 4. LP is the result of oxidative stress that develops a serious imbalance between oxidants and antioxidants levels in cells.²² The increased LHP levels at the end of week 1 could be the result of increased levels of oxidants, which may have deleterious effects on

cellular constituents. Oxidative stress, including lipid peroxidation, hampers Na+/K+ATPase activity and eventually leads to deleterious effects.^{23–25} Our results are in agreement with previous studies demonstrating that Cr induces LP and oxidative stress.^{26,27}

In the present study, we found that LP was significantly induced in the liver and kidney at early stages of exposure. LP assessment is essential to identify the role of oxidative injury in pathophysiological disorders.28 Peroxidation of both saturated and unsaturated lipids results in the formation of highly reactive and unstable hydroperoxides which are known to cause oxidative stress. LP has been implicated in the etiology of a number of disease conditions including reproductive and developmental disorders, respiratory dysfunctions, cardiovascular diseases, neurological disorders, and many chronic diseases such as cancers.^{28–30} In the present study, an LP assay was used to evaluate the levels of LHP as markers of oxidative stress produced from goldfish exposure to Cr. Although LP may also lead to other byproducts, such as conjugated dienes, 4-hydroxynonenal, isoprostanes, lipid-DNA adducts, and aldehydes,²⁹ we chose to measure LHP levels because of the relatively higher sensitivity of the test method, cost-effectiveness, and availability of equipment in our laboratory.

As previously reported, acute exposure of goldfish to Cr for 96 hr increased the DNA damage potential with increasing concentration of Cr (VI).¹⁶ In the present study, we analyzed the DNA damage potential of Cr (VI) for chronic exposure. The DNA damage levels were highest at week 1 in the liver (Figs. 3 and 4) and kidney (Figs. 6 and 7). Levels of DNA damage



Figure 6. SYBR green stained comet assay images of DNA damage in *Carassius auratus* kidney cells exposed to 5% of 96 hr- LC_{50} Cr (VI) for four weeks. The 5% of 96 hr- LC_{50} test concentration induced more DNA damage during Weeks 1 and 2. (**A**) Control, (**B**) Week 1, (**C**) Week 2, (**D**) Week 3, and (**E**) Week 4. **Note:** The comet assay was performed as described in Materials and Methods section.



Figure 7. SYBR green stained comet assay images of DNA damage in *Carassius auratus* kidney cells exposed to 10% of 96 hr-LC₅₀ Cr (VI) for four weeks. The 10% of 96 hr-LC₅₀ test concentration induced more DNA damage during Weeks 1 and 2. (**A**) Control, (**B**) Week 1, (**C**) Week 2, (**D**) Week 3 and (**E**) Week 4. **Note:** The comet assay was performed as described in Materials and Methods section.

by Cr (VI) were decreased by the end of week 4 in the liver (Fig. 5) and kidney (Fig. 8). At the end of week 4, the oxidant levels may have decreased and the cells may have recovered from the DNA damage through repair mechanisms. It is possible that the defense mechanisms effectively controlled the oxidants levels and recovered from the DNA damage. Our results are consistent with a recent publication by Reinardy et al.³¹ The authors reported that fish exposed to cobalt induces DNA damage recovery genes. To support the present results, as we reported previously,¹⁰ the antioxidants levels including SOD,



Figure 8. Percentage of DNA damage in *Carassius auratus* kidney cells exposed to 5% and 10% of 96h-LC₅₀ Cr (VI) for four weeks. **Notes:** The percentages of DNA damage in control group were $1.4\% \pm 1.0\%$, $2.5\% \pm 1.0\%$, $1.8\% \pm 1.0\%$, and $2.3\% \pm 1.0\%$; in 5% of 96h-LC₅₀ exposed fish were $38.2\% \pm 12.0\%$, $21.8\% \pm 8.0\%$, $15.4\% \pm 6.0\%$, and $5.5\% \pm 3.0\%$; and in 10% of 96h-LC₅₀ exposed fish were $40.0\% \pm 15.0\%$, $32.8\% \pm 9.0\%$, $14.0\% \pm 6.0\%$, and $2.4\% \pm 4.0\%$, for Weeks 1, 2, 3, and 4, respectively. Both 5% and 10% of 96h-LC₅₀ concentrations induced significantly more DNA damage during the week 1 and 2. Each point represents a mean value and standard deviation of three replicates. *indicates significantly different from the control according to DUNNETT's multiple comparison test. glutathione peroxidase, and metallothionein levels were significantly increased during similar exposure conditions (5% and 10% of LC_{50}) of fish to Cr (VI). In accordance with the present results, it has also been reported that Cr (VI) has the potential to induce double strand breaks, chromosomal aberrations,³² and differential gene expression.³³

In the present study, the single-cell gel electrophoresis, also known as Comet assay, was used to detect DNA damage in liver and kidney cells of goldfish exposed to Cr (VI). This assay has been commonly applied to detect single and double strand breaks in DNA caused by various factors including biological, chemical, environmental, nutritional, and pharmaceutical agents.^{34,35} The main advantages of this assay include its low cost, reliability, simplicity, well defined test procedures, and availability of equipment.³⁴ However, one of the biggest drawbacks is that it does not detect mitochondrial DNA damage or small DNA fragments (smaller than 50 kb) as they are mostly washed away during the lysis and electrophoresis processes.^{35–37} Because of this limitation, the microgel electrophoresis assay has been modified to allow for the detection of DNA double-strand breaks, crosslinks, base damage, and apoptotic nuclei, in addition to its ability to measure single-strand DNA breaks.35,36

Our results indicate that the goldfish kidney is more vulnerable to the genotoxic potential of Cr (VI) when compared to the liver. The LHP levels increased at both testing concentrations (5% and 10% of LC_{50}), however the LHP levels were significantly higher until the end of week 3 in the kidney when compared to liver

(Figs. 1 and 2). The significant increase in LHP levels during early stages of exposure indicates that the fish might have experienced oxidative stress. In the similar trend, kidney cells had more DNA damage (Fig. 8) in comparison to liver cells (Fig. 5). These results demonstrate that there is a direct correlation between the levels of oxidative stress and DNA damage potentials. However, at the end of week 4, the liver and kidney cells were almost recovered from the DNA damage as the result of decreased LHP levels. The decreased levels of LHP and DNA damage may have resulted from reduced oxidative stress. We previously reported¹⁰ increased levels of antioxidants at the end of week 4 under similar experimental conditions in the both the organs. These results suggest that the levels of oxidative stress may be decreased by end of the week 4.

Conclusion

Cr (VI) is used as raw material in various industrial applications. Lack of proper treatment of these industrial effluents has lead to Cr (VI) becoming a common contaminant in surrounding water systems. This study was designed to investigate the toxic potential of Cr (VI) in goldfish. As we hypothesized, Cr (VI) significantly induced LP and DNA damage in goldfish liver and kidney cells. Both LP and DNA damage were more pronounced in the goldfish kidney when compared to the liver. These results indicate that the goldfish are more vulnerable for DNA damage and oxidative stress in Cr contaminated water bodies. Additionally, these findings may be helpful in establishing the best practical technologies and regulatory levels of Cr in industrial effluents.

Author Contributions

Conceived and designed the experiments: PBT, VV. Analyzed the data: VV, PBT. Wrote the first draft of the manuscript: VV. Contributed to the writing of the manuscript: PBT. Agree with manuscript results and conclusions: PBT, VV. Jointly developed the structure and arguments for the paper: PBT, VV. Made critical revisions and approved final version: VV, PBT. All authors reviewed and approved of the final manuscript.

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Competing Interests

Author(s) disclose no potential conflicts of interest.

Disclosures and Ethics

As a requirement of publication the authors have provided signed confirmation of their compliance with ethical and legal obligations including but not limited to compliance with ICMJE authorship and competing interests guidelines, that the article is neither under consideration for publication nor published elsewhere, of their compliance with legal and ethical guidelines concerning human and animal research participants (if applicable), and that permission has been obtained for reproduction of any copyrighted material. This article was subject to blind, independent, expert peer review. The reviewers reported no competing interests.

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