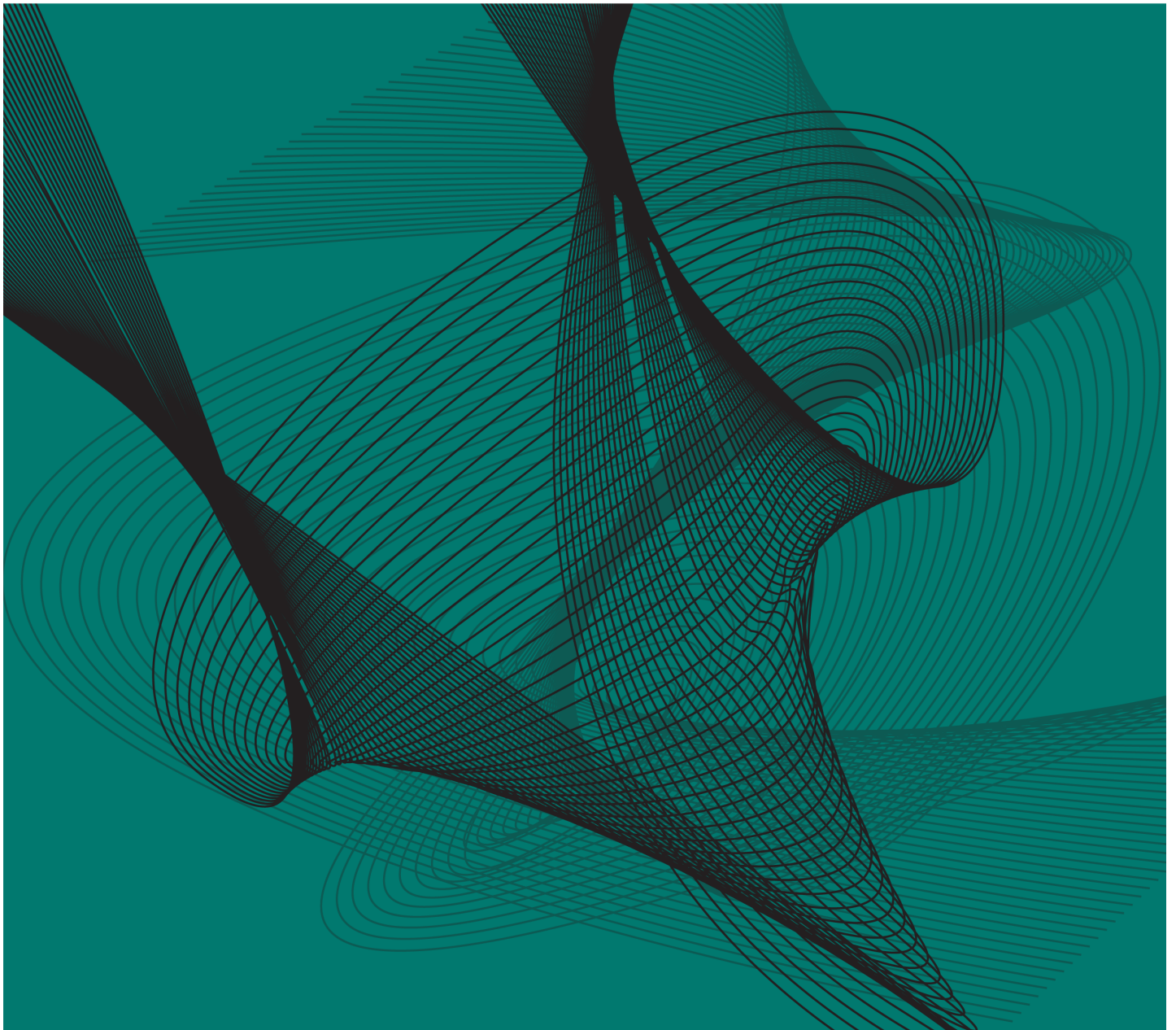


# Nutrition and Metabolic Insights

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An international, peer reviewed open access journal published by Libertas Academica. [Nutrition and Metabolic Insights](#) focuses on publishing high quality articles by leading international authors in this dynamic field. The journal offers efficient, professional author service, high visibility for published articles and a growing selection of external indexing and services for readers.

## Aims and scope

*Nutrition and Metabolic Insights* is a peer-reviewed, open-access online journal focused on all aspects of nutrition and metabolism. This encompasses nutrition, including the biochemistry of metabolism, exercise and associated physical processes and also includes clinical articles that relate to metabolism, such as obesity, lipidemias and diabetes. It includes research at the molecular, cellular and organismal levels.

Other areas of interest include gene-nutrient interactions, the effects of hormones, models of metabolic function, macronutrient interactions, outcomes of changes in diet, and pathophysiology.

## Call for papers

The Editor-in-Chief's latest call for papers is available to view [here](#). Submissions are accepted at any time. Processing to completion of first editorial decision takes approximately three weeks, and following acceptance for publication production and publication requires a further 2 to 3 weeks.

## Submission types

The following manuscript types are accepted for peer review: Case Report, Commentary, Debate, Dedication, Letter to the Editor, Meeting Report, Methodology, Opinion, Original Research, Perspective, Rapid Communication, Review, Short Commentary, Short Report, Short Review, Software or Database Review, Technical Advance.

## Editorial board

The journal is ably served by an international editorial board. Individual members work at internationally respected institutions in North America, Europe and Asia.

## Editor in Chief

Jin-Rong (Joseph) Zhou is Associate Professor of Surgery at Harvard Medical School and the Director of the Nutrition/Metabolism Laboratory at the Beth Israel Deaconess Medical Center in Boston.

Dr. Zhou's research priority is to investigate the complex issues dealing with nutrition and health. The long-term goal of his research is to identify bioactive dietary and nutritional components for the prevention and treatment of chronic diseases, such as cancer and metabolic disorders. Dr Zhou is the recipient of over 30 research grants and has published about 60 peer-reviewed original research papers, review papers and book chapters/editorials.

*"We have had a great experience publishing our paper in Nutrition & Metabolic Insights. The peer review process was rigorous and the journal staff were very helpful with proof processing. We will definitely be submitting future manuscripts to this journal. Keep up the good work!!"*

(Sukhinder Kaur Cheema, Memorial University, Newfoundland, Canada)

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